

Teens Encounter Christ Southwest Indiana TEC

The Roman Catholic Diocese of Evansville

Office of Youth & Young Adult Formation

Mission Statement

SWITEC is a Roman Catholic movement with ecclesial approval in the Diocese of Evansville. TEC presents young adults with an opportunity to encounter the living Presence of Christ and experience the Paschal Mystery. Through a weekend encounter, which is a balance of spiritual, sacramental, and social opportunities, the SWITEC community is committed to exemplify the reality of dying to self, rising to new life, and going forth to answer Christ's call through service and continual learning. SWITEC also promotes the development of intergenerational companionships that provide a network of strength and support, encouraging lifelong responsibility to evangelization and discipleship.

What is TEC?

Teens Encounter Christ (**TEC**) is a three day experience in Christian living for persons who are searching for goals, for acceptance, for meaning, for community, for values, and for God. The goal of TEC is to enable youth to encounter the Risen Christ.

At TEC, you will experience...

- a fresh and exciting place away from home, school, and work
- meeting youth from other areas of the Diocese
- finding how God fits in your life
- encountering Jesus Christ, risen and alive today
- a follow-up program to help you live out your TEC experience and baptismal promises
- time to reflect on your life, ideas, hopes and dreams
- and much, much more!

“An experience of the Paschal Mystery of Jesus Christ, as the Church has us live that experience in the Lent-Easter-Pentecost experience and liturgies, is the content and method of the TEC experience.” TEC Concept Manual, sec.12

SWITEC is affiliated with the National TEC Conference and is conducted according to national guidelines. The Catholic Diocese of Evansville utilizes the work of TEC as an independent lay movement operating in the best interests of Catholic youth in the diocese.

TEC is based on Freedom

It is very important to realize that TEC is a voluntary experience. Candidates must want to participate and are allowed to leave if necessary. No one should be required to make a TEC in order to fulfill a graduation or confirmation retreat requirement. **Parishes and Schools are asked to respect this policy of the TEC community.** TEC is an exercise in freedom. A candidate may be “free to” participate, but may not be “free from” other parental, peer, or work pressures. Parents and peers need to respect a candidate’s freedom to participate.

Age Requirements

Teens Encounter Christ is open to teens who have completed their sophomore year of high school, college aged young adults, and adults. While the activities are geared toward the high school and college age group, adults of all ages find great fulfillment in attending the retreat.

What are the details to participate in TEC?

TEC weekends are held three times a year at St. Mary's Catholic Parish Campus in Ireland, Indiana. **The weekend begins on Saturday morning at 10 a.m. and ends Monday evening at 5 p.m. (Eastern Time).** You will need to bring clothes for Sunday Mass and casual clothes for the rest of the weekend suitable for recreation, and coats and jackets in season. Bring towels, washcloths, personal hygiene articles, sleeping bag and pillow.

How to apply

Complete the application. Have a parent or guardian sign, date and complete the waivers and emergency information. Mail the completed application and waiver to the address printed at the bottom of the form. A \$50 fee helps to cover the cost of the TEC weekend and should be included with the application if possible. No one will be denied participation due to lack of funds and the fee can be waived.

Dates for Upcoming TEC Retreat Weekends

November 6-8, 2021

February 19-21, 2022

July 16-18, 2022

November 5-7, 2022

***Mail Application to: HANNAH SITZMAN * P.O. Box 6 * Ferdinand, IN 47532 * (812) 639-9436 * tec@evdio.org**

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